



Sandgate Bowls Club Inc.

ABN 35 130 243 165

Burnett Place, (off Brighton Road)
Sandgate, Queensland

P.O. Box 205, Sandgate, QLD 4017 Tel (07) 3269 2343 Fax (07) 3869 0428
Email: sandgate.bowls@bigpond.com

Would you like to try your hand at lawn bowls and learn the basics of the game.



Sandgate Bowls Club can offer you

- **Free coaching lessons with accredited coaches**
- **Social bowls Friday afternoons 4-7pm (casual clothes – flat sole shoes)**
- **Corporate days/afternoons/nights**
- **Weekend social games**
- **Affordable membership which includes Sandgate RSL social membership**
- **Inter and Intra Club competitions**

Lawn Bowls is now played by all ages including Gen X, Gen Y and Baby Boomers so join the trend.

Why play Lawn Bowls

- **Play Lawn Bowls and help to improve your fitness**
- **Lawn Bowls can improve your coordination, confidence and self-esteem**
- **Lawn Bowls is a game of strategy as well as skill**
- **There are different levels of play both competitively and social**
- **Men and women of all ages and degrees of fitness participate in the sport**



For more information email the club at sandgate.bowls@bigpond.com

OR BY PHONING

Mens President, John Sampson – Mobile 0421516044

Ladies Committee Rep., Lillias Connell – Mobile 0417093172